Tryst Sports Centre
Pool Timetable

Main Pool

	07:00 - 08:00	08:00 - 09:00	09:00 - 10:00	10:00 - 11:00	11:00 - 12:00	12:00 - 13:00	13:00 - 14:00	14:00 - 15:00	15:00 - 16:00	16:00 - 17:00	17:00 - 18:00	18:00 - 19:00	19:00 - 20:00	20:00 - 21:00	21:00 - 22:00
Monday	Closed	Gereral Public/Laned Swim								Learn To Swim Swim Club Tryst	Swim Club Tryst			General Public/Laned Swim Life Saving Club	
Tuesday	Swim Club	Gereral Public/Laned Swim								Learn To Swim Swim Club Tryst	Swim Club Tryst			General Public/Laned Swim	
Wednesday	Swim Club	Gereral Public/Laned Swim								Learn To Swim Swim Club Tryst				Sub Aqua Club General Public/Laned Swim	
Thursday	Swim Club	Gereral Public/Laned Swim								Learn To Swim Swim Club Tryst	Swim Club Tryst			General Public/Laned Swim	
Friday	Closed	Gereral Public/Laned Swim						Learn To Swim		Learn To Swim Swim Club Tryst	Swim Club Tryst			General Public/Laned Swim	
Saturday	Closed	Learn To Swim Gereral Public/Laned Swim									Closed	Saturday Night Project			Closed
Sunday	Closed	Gereral Public/Laned Swim General Public/Laned Swim		Learn To Swim		General Public/Laned Swim Staff Training				Swim Club Tryst					

Please Note: Main Pool General Public/Laned Swim Will Have Some Laned Swimming Throughout Each Session

Improvers Pool

	07:00 - 08:00	08:00 - 09:00	09:00 - 10:00	10:00 - 11:00	11:00 - 12:00	12:00 - 13:00	13:00 - 14:00	14:00 - 15:00	15:00 - 16:00	16:00 - 17:00	17:00 - 18:00	18:00 - 19:00	19:00 - 20:00	20:00 - 21:00	21:00 - 22:00
Monday	Closed	General Public Swim			AquaFit	Closed		Learn To Swim		Closed	Learn To Swim		General Public Swim		Closed
Tuesday	Closed	Schools Swimming			Aqua Fit	General Swim	Schools Swimming		General Public Swims	Learn To Swim			General Public Swim		Closed
Wednesday	Closed	Schools Swimming		General Public Swims	AquaFit		Schools Swimming		General Public Swims	Learn To Swim		General Swim	AquaFit	General Swim	Closed
Thursday	Closed	Schools Swimming		Closed	AquaFit		Schools Swimming		General Public Swims	Learn To Swim			General Public Swim		Closed
Friday	Closed	General Public Swim			Aqua Fit					Learn To Swim			General Public Swim		Closed
Saturday	Closed			Gereral Public Swim							Closed		Saturday Night Project		Closed
Sunday	Closed			Learn To Swim	General Swim								Closed		

Please Note: Schools Swimming in the Improvers Pool will be Term Time

Teaching Pool

		07:00 - 08:00	08:00 - 09:00	09:00 - 10:00	10:00 - 11:00	11:00 - 12:00	12:00 - 13:00	13:00 - 14:00	14:00 - 15:00	15:00 - 16:00	16:00 - 17:00	17:00 - 18:00	18:00 - 19:00	19:00 - 20:00	20:00 - 21:00	21:00 - 22:00
Monday	1	Closed		Learn To Swim					Closed		Learn To Swim		Closed	General Public Swim		Closed
	2	Closed		General Public Swim				Learn To Swim	General Public Swim		Learn To Swim		Closed	General Public Swim		Closed
Tuesday	1	Closed			Learn To Swim		Closed	Learn To Swim		Closed		Learn To Swim			General Public Swim	Closed
	2	Closed		General Public Swim				Learn To Swim	General Public Swim		Learn To Swim				General Public Swim	Closed
Wednesday	1	Closed			Learn To Swim		Closed	Learn To Swim		Closed		Learn To Swim			General Public Swim	Closed
	2	Closed		General Public Swim				Learn To Swim	General Public Swim		Learn To Swim				General Public Swim	Closed
Thursday	1	Closed			Learn To Swim		General Public Swim			Learn To Swim					General Public Swim	Closed
	2	Closed		General Public Swim							Learn To Swim				General Public Swim	Closed
Friday	1	Closed			Learn To Swim		Closed	Learn To Swim	Closed		Learn To Swim		General Public Swim			Closed
	2	Closed		General Public Swim			Closed	General Public Swim			Learn To Swim		General Public Swim			Closed
Saturday	1	Closed	Learn To Swim			General Public Swim					Closed		Saturday Night Project			Closed
	2	Closed	Learn To Swim			General Public Swim					Closed		Saturday Night Project			Closed
Sunday	1	Closed	Learn To Swim			General Public Swim							Closed			
	2	Closed	Learn To Swim			General Public Swim							Closed			