


# DANCE CAMP STRUCTURE



	0900-0915	0915-1045 SESSION 1	1045-11	1100-1230 SESSION 2	1230-1315	1315-1445 SESSION 3	1445-1500
<b>Monday</b> 	REGISTRATION	<b>Style: Lyrical</b> Warm Up (dance games) Corner Work Lyrical Technique	BREAK	<b>Learn Lyrical Routine</b> (Incorporate partner work, transitions and lifts)	LUNCH	<ul style="list-style-type: none"> <li>Numbers Choreography Challenge</li> <li>Finalise Lyrical routine and positions.</li> </ul>	COOL DOWN & SIGN OUT
<b>Tuesday</b>	REGISTRATION	<b>Style: Street Dance</b> Warm Up (dance games) Street Dance Foundations Travelling moves	BREAK	<b>Learn Street Dance Routine</b> (Incorporate partner work, transitions and street tricks)	LUNCH	<ul style="list-style-type: none"> <li>Street Dance Corners and Cypher</li> <li>Finalise Street Dance routine and positions.</li> </ul>	COOL DOWN & SIGN OUT
<b>Wednesday</b>	REGISTRATION	<b>Style: Cheer</b> Warm Up (dance games) Cheer Foundations & Arm Positions	BREAK	<b>Learn Cheer Routine</b> (Incorporate lifts, arm positions and use poms)	LUNCH	<ul style="list-style-type: none"> <li>Group Lift Challenges</li> <li>Finalise Cheer routine and positions.</li> </ul>	COOL DOWN & SIGN OUT
<b>Thursday</b>	REGISTRATION	<b>Style: Jazz</b> Warm Up (dance games) Jazz Technique and Travelling Skills	BREAK	<b>Learn Jazz Routine</b> (Incorporate transitions using the travelling skills learned)	LUNCH	<ul style="list-style-type: none"> <li>Choreography Challenge (children create own routine from styles learned)</li> <li>Finalise Jazz routine and positions.</li> </ul>	COOL DOWN & SIGN OUT
<b>Friday</b>	REGISTRATION	<b>Show Day</b> Warm Up (dance games) Corner Work	BREAK	<b>Show Day</b> Recap and finalise all dances	LUNCH	<ul style="list-style-type: none"> <li>Talent Show (from Thursday Choreography Challenge)</li> <li>Show Run Through</li> </ul>	<b>SHOW TIME &amp; SIGN OUT</b>