

**Multi-Sport Camp Structure Day 1 & 2**

	9:00am-9.15am	9:15am-9.45am	9.45am-10.15am	10.15am-10.30am	10.30am-11.15am	11.15am-11.45am	11.45am - 12.30pm	12.30pm-1.15pm	1.15pm-2.45pm	2:45pm-3:00pm
<b>Thursday</b>	<b>Registration &amp; Briefing</b>	<b>Warm up</b> -Fun Games	<b>Under 10's</b> Athletics <b>Over10's</b> Athletics	Break	<b>Under 10's</b> Basketball <b>Over10's</b> Netball	<b>Under 10's &amp; Over 10's</b> Netball Basketball	Lunch	<b>Under 10's &amp; Over 10's</b> Racquet Sports (Tennis, Badminton, Table Tennis, Pickleball)	<b>Under 10's &amp; Over10's</b> Basketball & Netball Tournament	<b>Cool down &amp; Sign out</b>
<b>Friday</b>	<b>Registration &amp; Briefing</b>	<b>Warm up</b> - Fun Games	<b>Under 10's</b> <b>Over10's</b> Handball & Volleyball  (Switch groups)	Break	<b>Under 10's</b> Tennis <b>Over10's</b> Badminton	<b>Under 10's</b> Badminton <b>Over10's</b> Tennis	Lunch	<b>Under 10's</b> Football <b>Over10's</b> Football	<b>Under 10's &amp; Over10's</b> Mini Olympics  (Mixture of sports from the week)	<b>Cool down &amp; Sign out</b>