

Football Camp Structure Week 4 and 5 – Champions League Theme

	9:00am-9.15am	9:15am-9.45am	9.45am-10.15am	10.15am-10.30am	10.30am-11.15am	11.15am-11.45am	11.45am - 12.30pm	12.30pm-1.15pm	1.15pm-2.45pm	2:45pm-3:00pm
Monday	Registration & Briefing	Warm up -Ball Mastery & SAQ	Under 10's Small Sided Games 4v4 Over10's Small Sided Games 5v5	Break	Under 10's 1v1 & 2v2 Attacking Over10's 1v1 & 2v2 Attacking	Under 10's & Over10's Theme – Finish Like Mbappe	Lunch	Under 10's & Over10's Practice – Attacking at speed, finishing	Under 10's & Over10's Matchplay – Champions League Qualifiers	Cool down & Sign out
Tuesday	Registration & Briefing	Warm up -Ball Mastery & SAQ	Under 10's Small Sided Games 4v4 Over10's Small Sided Games 5v5	Break	Under 10's 1v1 & 2v2 Defending Over10's 1v1 & 2v2 Defending	Under 10's & Over10's Theme – Defend like Ruben Dias	Lunch	Under 10's & Over10's Practice – Defend your goal, dominate your opponent	Under 10's & Over10's Matchplay – Champions League Group Stage Round 1	Cool down & Sign out
Wednesday	Registration & Briefing	Warm up -Ball Mastery & SAQ	Under 10's Small Sided Games 4v4 Over10's Small Sided Games 5v5	Break	Under 10's 3v3 Attacking Over10's 3v2 Attacking	Under 10's & Over10's Theme – Pass like Modric	Lunch	Under 10's & Over10's Practice – Penetrating Passes	Under 10's & Over10's Matchplay - Champions' League Group Stage Round 2	Cool down & Sign out
Thursday	Registration & Briefing	Warm up -Ball Mastery & SAQ	Under 10's Small Sided Games 4v4 Over10's Small Sided Games 5v5	Break	Under 10's 3v3 Defending Over10's 3v2 Defending	Under 10's & Over10's Theme – Dribble like Bernardo Silva	Lunch	Under 10's & Over10's Practice – Control and Dribbling	Under 10's & Over10's Matchplay – Champions League Semi Finals	Cool down & Sign out
Friday	Registration & Briefing	Warm up -Ball Mastery & SAQ	Under 10's Small Sided Games 4v4 Over10's Small Sided Games 5v5	Break	Under 10's 2v2 Mini Tournament Over10's 2v2 Mini Tournament	Under 10's & Over10's Theme – Skills like Vinicius Jnr	Lunch	Under 10's & Over10's Practice – Outplaying your Opponent	Under 10's & Over10's Matchplay – Champions League Final	Cool down & Sign out