

**Football Camp Structure Week 6 and 7 – Premier League Theme**

	9:00am-9.15am	9:15am-9.45am	9.45am-10.15am	10.15am-10.30am	10.30am-11.15am	11.15am-11.45am	11.45am - 12.30pm	12.30pm-1.15pm	1.15pm-2.45pm	2:45pm-3:00pm
<b>Monday</b>	<b>Registration &amp; Briefing</b>	<b>Warm up</b> -Ball Mastery & SAQ	<b>Under 10's</b> Small Sided Games 4v4 <b>Over10's</b> Small Sided Games 5v5	Break	<b>Under 10's</b> 1v1 & 2v2 Attacking <b>Over10's</b> 1v1 & 2v2 Attacking	<b>Under 10's &amp; Over10's</b> Theme – Finish Like Halaand	Lunch	<b>Under 10's &amp; Over10's</b> Practice – Control & Finishing	<b>Under 10's &amp; Over10's</b> Matchplay – English League Cup	<b>Cool down &amp; Sign out</b>
<b>Tuesday</b>	<b>Registration &amp; Briefing</b>	<b>Warm up</b> -Ball Mastery & SAQ	<b>Under 10's</b> Small Sided Games 4v4 <b>Over10's</b> Small Sided Games 5v5	Break	<b>Under 10's</b> 1v1 & 2v2 Defending <b>Over10's</b> 1v1 & 2v2 Defending	<b>Under 10's &amp; Over10's</b> Theme – Defend like Van Dijk	Lunch	<b>Under 10's &amp; Over10's</b> Practice – Defensive Transitions	<b>Under 10's &amp; Over10's</b> Matchplay – Charity Shield	<b>Cool down &amp; Sign out</b>
<b>Wednesday</b>	<b>Registration &amp; Briefing</b>	<b>Warm up</b> -Ball Mastery & SAQ	<b>Under 10's</b> Small Sided Games 4v4 <b>Over10's</b> Small Sided Games 5v5	Break	<b>Under 10's</b> 3v3 Attacking <b>Over10's</b> 3v2 Attacking	<b>Under 10's &amp; Over10's</b> Theme – Pass like Fernandes	Lunch	<b>Under 10's &amp; Over10's</b> Practice – Penetrating Passes	<b>Under 10's &amp; Over10's</b> Matchplay - Who's going to finish in the Top 4?	<b>Cool down &amp; Sign out</b>
<b>Thursday</b>	<b>Registration &amp; Briefing</b>	<b>Warm up</b> -Ball Mastery & SAQ	<b>Under 10's</b> Small Sided Games 4v4 <b>Over10's</b> Small Sided Games 5v5	Break	<b>Under 10's</b> 3v3 Defending <b>Over10's</b> 3v2 Defending	<b>Under 10's &amp; Over10's</b> Theme – Dribble like Saka	Lunch	<b>Under 10's &amp; Over10's</b> Practice – Dribble and finishing	<b>Under 10's &amp; Over10's</b> Matchplay – FA Cup	<b>Cool down &amp; Sign out</b>
<b>Friday</b>	<b>Registration &amp; Briefing</b>	<b>Warm up</b> -Ball Mastery & SAQ	<b>Under 10's</b> Small Sided Games 4v4 <b>Over10's</b> Small Sided Games 5v5	Break	<b>Under 10's</b> Street Games <b>Over10's</b> Street Games	<b>Under 10's &amp; Over10's</b> Theme – Skills like Odegaard	Lunch	<b>Under 10's &amp; Over10's</b> Practice – Creative Attacking Play	<b>Under 10's &amp; Over10's</b> Matchplay – Premier League	<b>Cool down &amp; Sign out</b>