

# SWIM ZONE Pool Timetable

| Main Pool |   | 06:00 - 07:00 | 07:00 - 08:00 | 08:00 - 09:00 | 09:00 - 10:00 | 10:00 - 11:00 | 11:00 - 12:00 | 12:00 - 13:00 | 13:00 - 14:00 | 14:00 - 15:00 | 15:00 - 16:00 | 16:00 - 17:00 | 17:00 - 18:00 | 18:00 - 19:00 | 19:00 - 20:00 | 20:00 - 21:00 | 21:00 - 22:00 |  |
|-----------|---|---------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|--|
| Monday    | 1 | CLOSED        | club          | Lane Swim     |               |               | Lane Swim     |               | AQUAFIT       |               |               |               |               |               | Aqua Fit      | Aqua Fit      | General Swim  |  |
|           | 2 |               | club          |               | GENERAL SWIM  |               |               |               | GENERAL SWIM  |               |               | Learn to swim |               |               |               |               |               |  |
|           | 3 |               |               |               |               |               |               |               |               |               |               |               |               |               |               |               |               |  |
|           | 4 |               |               |               |               |               |               |               |               |               |               |               |               |               |               |               |               |  |
| Tuesday   | 1 | CLOSED        | club          | Lane Swim     |               |               | Lane Swim     |               | Learn to swim |               |               |               |               |               |               |               |               |  |
|           | 2 |               | club          |               |               |               |               |               |               |               |               |               |               |               |               |               |               |  |
|           | 3 |               |               |               |               |               |               |               |               |               |               |               |               |               |               |               |               |  |
|           | 4 |               |               |               |               |               |               |               |               |               |               |               |               |               |               |               |               |  |
| Wednesday | 1 | CLOSED        |               | Lane Swim     |               | Learn to swim |               | Aqua Fit      |               |               |               |               |               |               |               |               |               |  |
|           | 2 |               |               |               |               |               |               |               |               |               |               |               |               |               |               |               |               |  |
|           | 3 |               |               |               |               |               |               |               |               |               |               |               |               |               |               |               |               |  |
|           | 4 |               |               |               |               |               |               |               |               |               |               |               |               |               |               |               |               |  |
| Thursday  | 1 | CLOSED        | club          | Lane Swim     |               |               | Lane Swim     |               |               |               |               |               |               |               |               |               |               |  |
|           | 2 |               | club          |               |               |               |               |               |               |               |               |               |               |               |               |               |               |  |
|           | 3 |               |               |               |               |               |               |               |               |               |               |               |               |               |               |               |               |  |
|           | 4 |               |               |               |               |               |               |               |               |               |               |               |               |               |               |               |               |  |
| Friday    | 1 | CLOSED        |               | Lane Swim     |               |               | Lane Swim     |               |               |               |               |               |               |               |               |               |               |  |
|           | 2 |               |               |               |               | General Swim  |               |               |               |               |               |               |               |               |               |               |               |  |
|           | 3 |               |               |               |               |               |               |               |               |               |               |               |               |               |               |               |               |  |
|           | 4 |               |               |               |               |               |               |               |               |               |               |               |               |               |               |               |               |  |
| Saturday  | 1 | CLOSED        |               |               |               |               | Lane Swim     |               |               |               |               |               |               |               |               |               |               |  |
|           | 2 |               | swim club     |               |               |               |               |               |               |               |               |               |               |               |               |               |               |  |
|           | 3 |               |               |               |               |               |               |               |               |               |               |               |               |               |               |               |               |  |
|           | 4 |               |               |               |               |               |               |               |               |               |               |               |               |               |               |               |               |  |
| Sunday    | 1 | CLOSED        |               |               |               |               | Lane Swim     |               |               |               |               |               |               |               |               |               |               |  |
|           | 2 |               |               |               |               |               |               |               |               |               |               |               |               |               |               |               |               |  |
|           | 3 |               |               |               |               |               |               |               |               |               |               |               |               |               |               |               |               |  |
|           | 4 |               |               |               |               |               |               |               |               |               |               |               |               |               |               |               |               |  |

Please note that there may be slight change in the main pool at certain days/times due to school swimming lessons.

| Boom Area |  | 06:00 - 07:00       | 07:00 - 08:00         | 08:00 - 09:00 | 09:00 - 10:00 | 10:00 - 11:00 | 11:00 - 12:00 | 12:00 - 13:00 | 13:00 - 14:00 | 14:00 - 15:00      | 15:00 - 16:00 | 16:00 - 17:00 | 17:00 - 18:00 | 18:00 - 19:00 | 19:00 - 20:00 | 20:00 - 21:00 | 21:00 - 22:00 |
|-----------|--|---------------------|-----------------------|---------------|---------------|---------------|---------------|---------------|---------------|--------------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|
| Monday    |  | swim club 6.30-7.30 |                       |               | Learn to Swim |               | GENERAL SWIM  |               |               |                    | Learn to Swim |               |               |               |               |               |               |
| Tuesday   |  | swim club 6.30-7.30 |                       |               | Learn to Swim |               |               | Learn to swim |               |                    | Learn to Swim |               |               | CLUB          |               |               |               |
| Wednesday |  |                     |                       |               | Learn to Swim |               |               | Learn to swim |               |                    | Learn to Swim |               |               | DISPORT CLUB  | club          |               |               |
| Thursday  |  | swim club 6.30-7.30 |                       |               | Learn to Swim |               |               | Learn to Swim |               |                    | Learn to Swim |               |               |               |               | club          |               |
| Friday    |  |                     |                       |               | Learn to Swim |               |               | Learn to Swim |               |                    | Learn to Swim |               |               |               | General swims |               |               |
| Saturday  |  | Closed              | swim club 7.00-8.30am |               |               | Learn to Swim |               |               |               | GENERAL SWIM       |               |               |               |               |               | Closed        |               |
| Sunday    |  | Closed              |                       |               |               | Learn to Swim |               |               |               | swim club 2-4.30pm |               |               | General swims |               |               | Closed        |               |

Please note that there may be a reduced programme on certain days/times with regards to school swimming lessons

