

**Tennis Camp Structure (Week 5 Wishaw, Week 6 Broadwood)**

	9:00am-9.15am	9:15am-9.45am	9.45am-10.15am	10.15am-10.30am	10.30am-11am	11am-11.45am	11.45am - 12.30pm	12.30pm-1.15pm	1.15pm-2.45pm	2:45pm-3:00pm
<b>Monday</b>	<b>Registration &amp; Briefing</b>	<b>Warm up</b> -Fun Games	<b>Under 10's</b> Body 'n' Ball <b>Over 10's</b> ABC's	Break	<b>Under 10's</b> Volley Work <b>Over 10's</b> Groundstroke Games	<b>Under 10's</b> Underarm Serving Practice <b>Over 10's</b> Approaching the Net	Lunch	<b>Under 10's</b> Rallies <b>Over 10's</b> Target Practice	<b>Under 10's &amp; Over 10's</b> Matchplay	<b>Cool down &amp; Sign out</b>
<b>Tuesday</b>	<b>Registration &amp; Briefing</b>	<b>Warm up</b> -Fun Games	<b>Under 10's</b> Body 'n' Ball <b>Over 10's</b> ABC's	Break	<b>Under 10's &amp; Over 10's</b> Develop Serve	<b>Under 10's &amp; Over 10's</b> Games	Lunch	<b>Under 10's</b> Racket 'n' Ball <b>Over 10's</b> Target Practice	<b>Under 10's &amp; Over 10's</b> Matchplay	<b>Cool down &amp; Sign out</b>
<b>Wednesday</b>	<b>Registration &amp; Briefing</b>	<b>Warm up</b> -Fun Games	<b>Under 10's</b> Body 'n' Ball <b>Over 10's</b> ABC's	Break	<b>Under 10's</b> Volley & Smash <b>Over 10's</b> Rallies	<b>Under 10's &amp; Over 10's</b> Games	Lunch	<b>Under 10's</b> Rallies <b>Over 10's</b> Target Practice	<b>Under 10's &amp; Over 10's</b> Matchplay	<b>Cool down &amp; Sign out</b>
<b>Thursday</b>	<b>Registration &amp; Briefing</b>	<b>Warm up</b> -Fun Games	<b>Under 10's</b> Body 'n' Ball <b>Over 10's</b> ABC's	Break	<b>Under 10's</b> Approaching the Net <b>Over 10's</b> Rallies	<b>Under 10's &amp; Over 10's</b> Jail or Bail	Lunch	<b>Under 10's</b> Racket 'n' Ball <b>Over 10's</b> Target Practice	<b>Under 10's &amp; Over 10's</b> Participants Choice	<b>Cool down &amp; Sign out</b>
<b>Friday</b>	<b>Registration &amp; Briefing</b>	<b>Warm up</b> -Fun Games	<b>Under 10's</b> Body 'n' Ball <b>Over 10's</b> ABC's	Break	<b>Under 10's &amp; Over 10's</b> Rounders	<b>Under 10's &amp; Over 10's</b> Fun Games & Competition	Lunch	<b>Under 10's &amp; Over 10's</b> Fun Games & Competition	<b>Under 10's &amp; Over 10's</b> Fun Game & Competition	<b>Cool down &amp; Sign out</b>